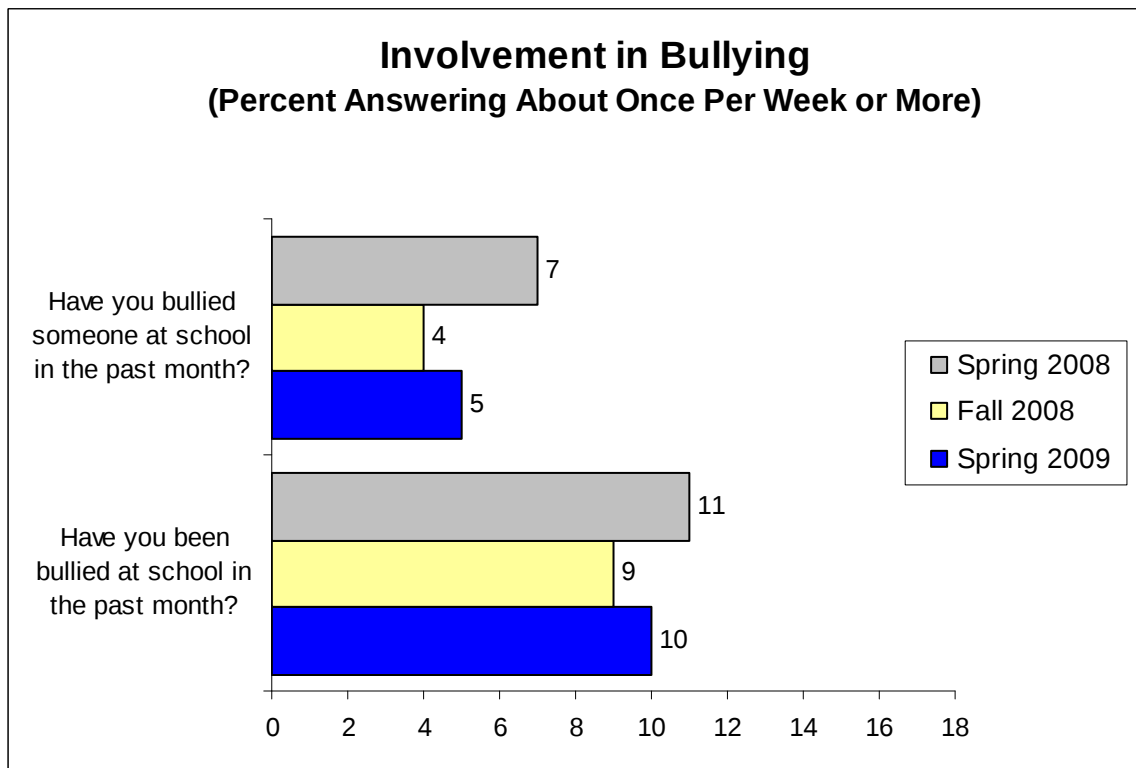


Albemarle County Middle Schools Spring 2009 Bullying Survey

This report summarizes results for 2,339 students in five Albemarle County middle schools and one charter school who completed the School Climate Bullying Survey. The purpose of the survey is to assess rates of bullying and aspects of the school climate that merit attention as part of each school's bullying prevention program. Surveys are administered on a semi-annual basis and each school receives an individual report to measure their success in maintaining a safe and supportive school climate. A copy of the survey with detailed results for each question and a breakdown by grade and gender are included at the end of this report.

The survey was administered by teachers to all students in their classroom on a designated survey day in the spring of 2009. Students did not put their names on the survey.

Rates of Bullying. In the survey, bullying is defined as “the use of one’s strength or popularity to injure, threaten, or embarrass another person. Bullying can be physical, verbal, or social. It is *not bullying* when two students of about the same strength argue or fight.” After reading this definition, students were asked whether they had been bullied in the past 30 days “never,” “once or twice,” “about once per week” or “several times per week.” By convention, the total percent who report being bullied at least once per week (“about once per week” plus “several times per week”) is used as an index of bullying. As indicated in the chart below, approximately 10 percent of students reported being bullied by this definition. It appears that victimization has stayed about the same since Spring 2008.

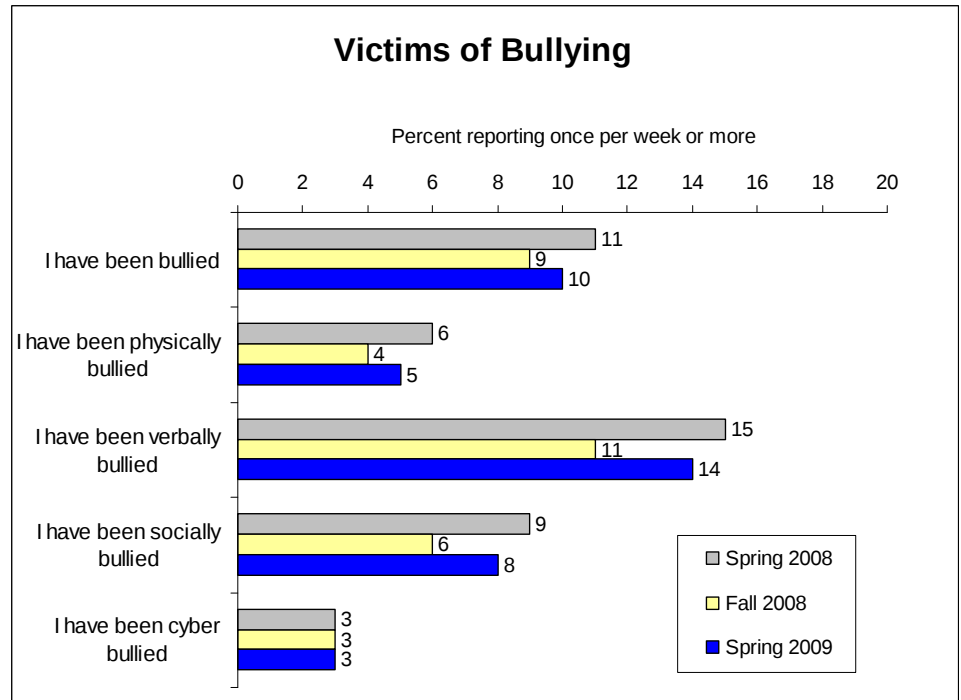


A natural question is how rates of bullying in Albemarle County compare to other schools. Because schools use a variety of different surveys that ask about bullying in different ways, a precise comparison is not possible. However, a study of bullying in a nationally representative sample found that approximately 10% of middle school students reported being bullied on a weekly basis¹.

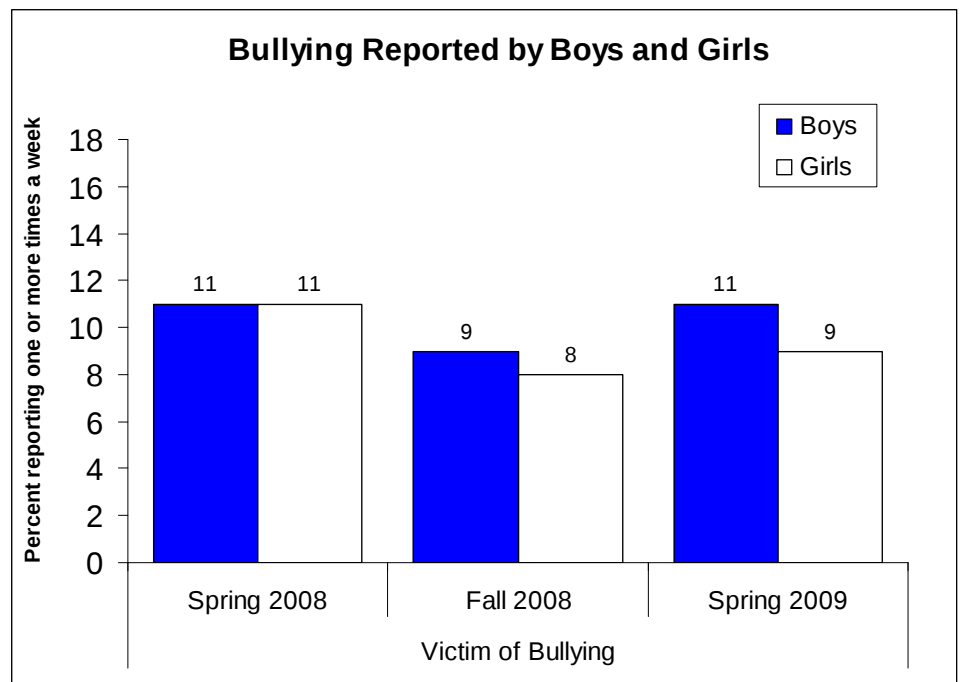
¹Nansel, T. R., Overpeck, M., Pilla, R. S., Ruan, W. J., Simons-Morton, B., & Scheidt, P. (2001). Bullying behaviors among US youth: Prevalence and association with psychosocial adjustment. *JAMA*, 285, 2094-2100.

The survey inquires about physical, verbal, social, and cyber bullying (see definitions on the survey, page 6). Verbal bullying is the most common form of bullying. (Note that these percentages cannot be added together because students could endorse more than one type of bullying. Also, in some cases a student did not report being bullied on the first question, but did report one or more of the four types of bullying.)

The rates of cyber bullying are low. Most of the incidents of concern to school administrators that involve student use of electronic communication are likely problems (e.g., peer conflict, inappropriate language or images) that are not bullying.

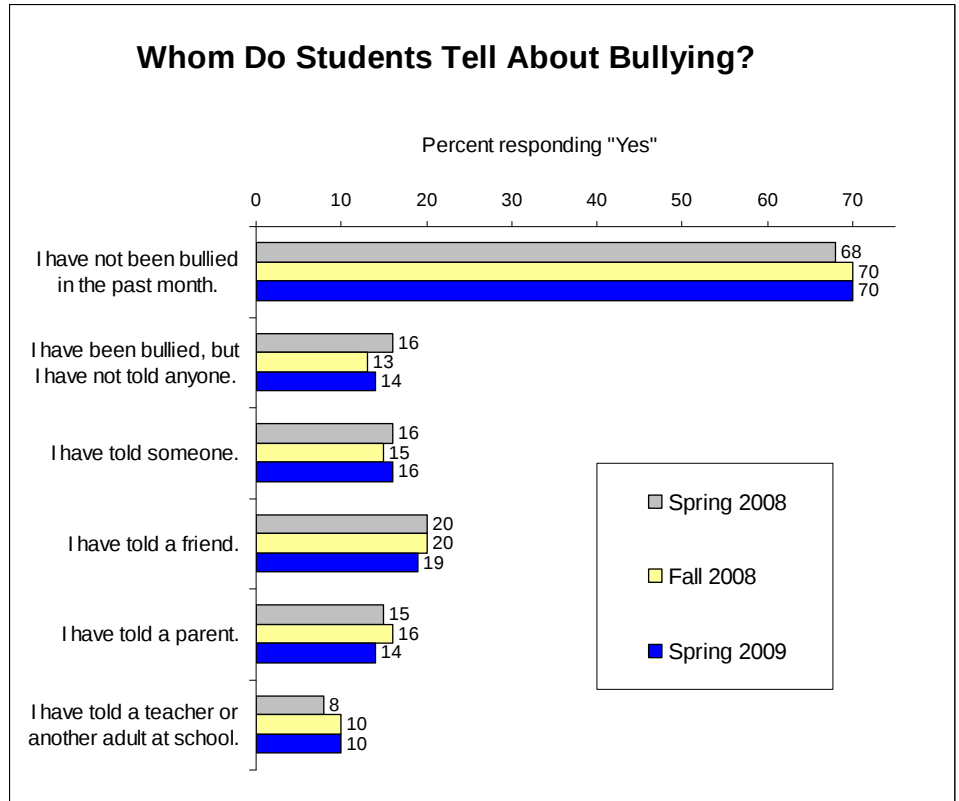


The next chart shows that both boys and girls are involved in bullying at nearly equal levels. Rates reported by boys and girls this spring are generally consistent with reports from the fall. More detailed breakdowns by gender and grade are presented on page 8.

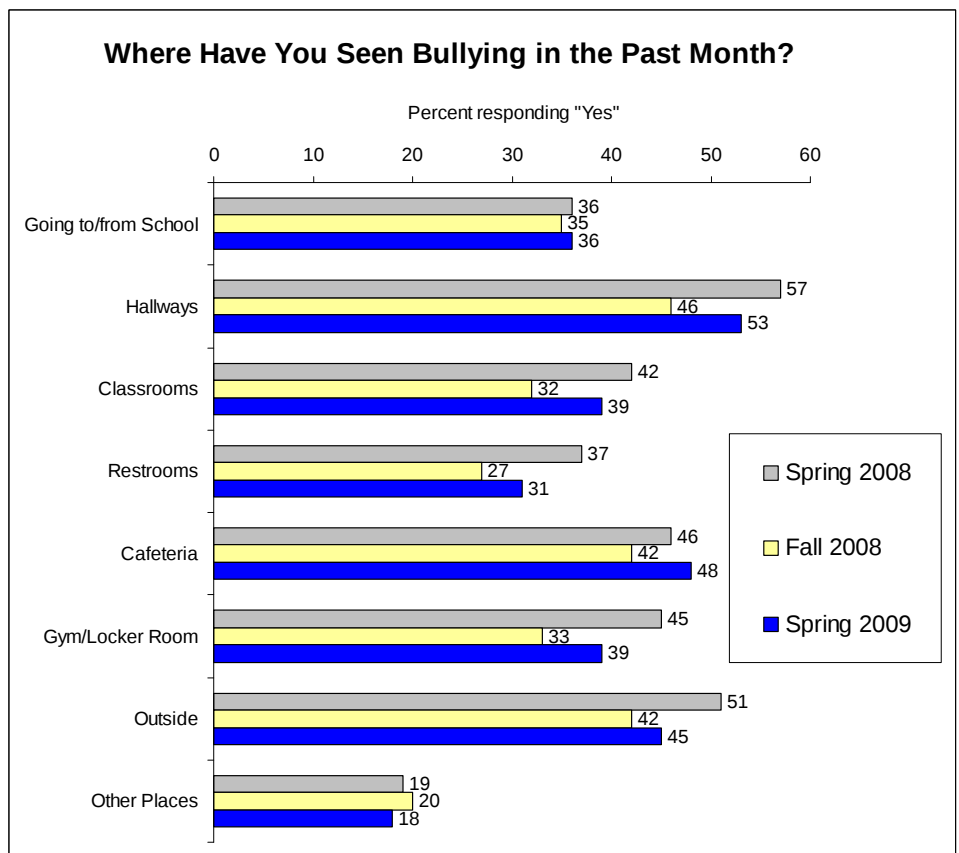


Telling someone about bullying.

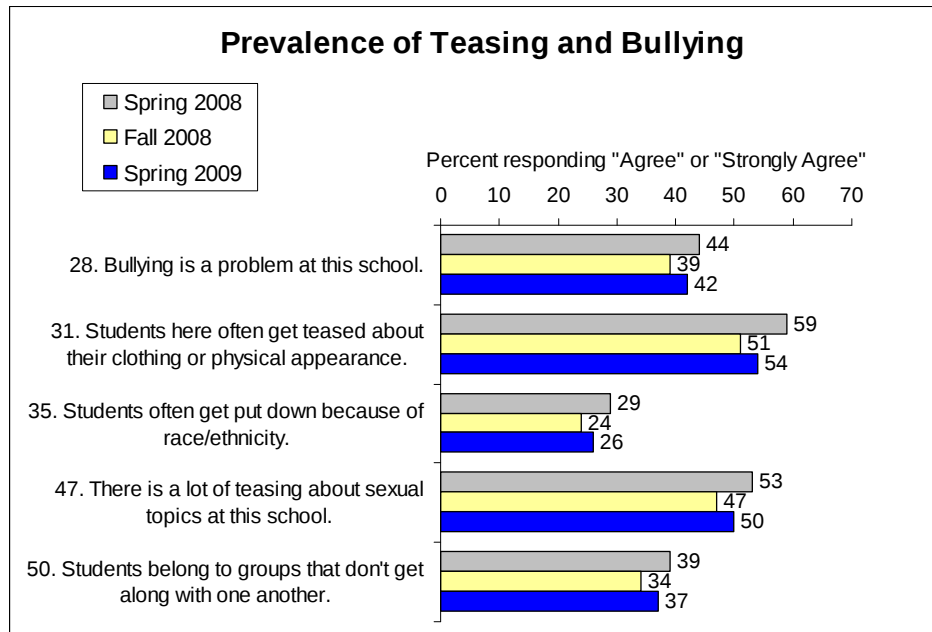
Students were asked whether they had told anyone that they were bullied. On this question, 70% of students reported that they had not been bullied in the past month; of the remaining 30%, 14% said they had been bullied, but had not told anyone this spring. Victims most often told a friend or parent and less often told an adult at school. The percentages in this chart cannot be summed because students could mark more than one response. Also, some students answered inconsistently, such as reporting that they told “a friend” but not checking that they told “someone.”



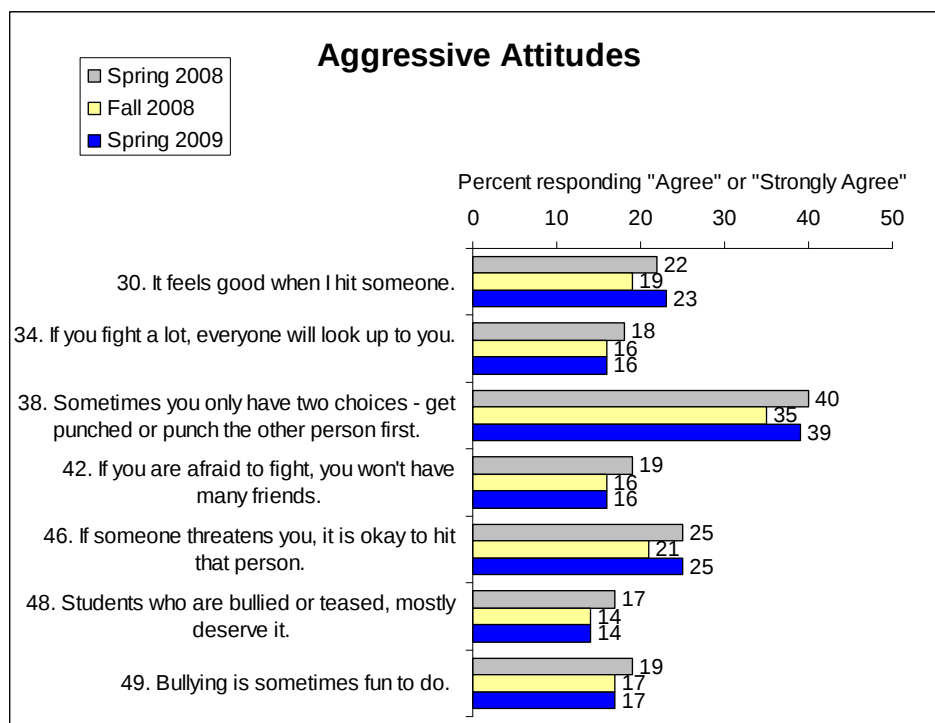
Locations of bullying. About two-thirds (68%) of students agreed that bullying takes place at school. The most frequently identified location for bullying was in the hallways, followed by the cafeteria and outside the school building (such as the playground). The reports sent to each school show wide variations in the locations where bullying takes place. School staff can use these reports to identify problem locations for specific grades.



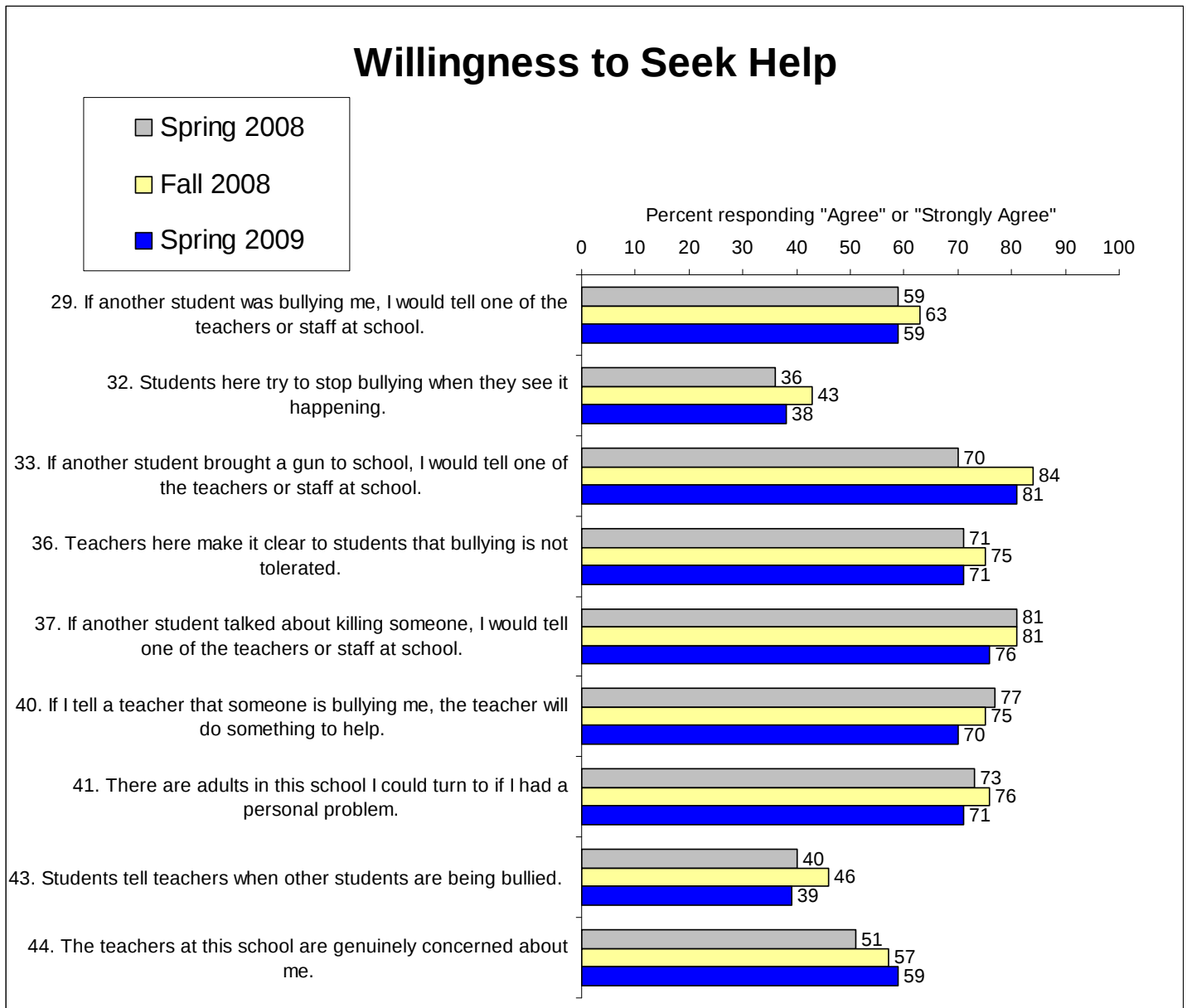
Prevalence of Teasing and Bullying. As noted in the chart below, 42% of students felt that bullying was a problem at their school. The most commonly reported problems were teasing about clothing or physical appearance (54%) and sexual topics (50%). More than one third (37%) reported problems with groups that do not get along with one another and about one quarter of students (26%) reported that students are put down for their race/ethnicity. The tables in each school report allow staff to identify problem areas in particular grade, gender, or racial groups.



Aggressive Attitudes. Students who endorse aggressive attitudes are at increased risk for bullying and other discipline violations at school. There are relatively small numbers of students who endorsed aggressive attitudes, but their impact on classroom climate can be substantial. It can be helpful to have class discussions about these sorts of attitudes and what is wrong with them, so that students who endorsed them realize that most of their classmates do not share their view.



Willingness to Seek Help. Student willingness to seek help is critical to maintaining a safe and supportive school climate. The chart below shows that the majority of students has positive perceptions of teachers and other school staff, and is willing to seek help from them. There are areas for improvement, however, so that more students are willing to take action to stop bullying and all students will seek help from a teacher in a potentially dangerous situation.



Caveats. Student self-report surveys are vulnerable to exaggeration, misunderstanding, and under-reporting by some students. They are also influenced by classroom conditions and student engagement in the survey process. Therefore, surveys are most useful in indicating trends within a school rather than precise measures of bullying. Student surveys should be accompanied by other efforts to assess bullying, such as interviews with students, class discussions, peer nomination procedures, and reviews of discipline referrals. We recommend that teachers make sure that students understand the definition of bullying so that they do not report ordinary teasing or arguments among peers as bullying. A video on bullying developed with the assistance of Monticello High School and Cale Elementary students can be useful in illustrating this distinction.

Survey Form with Overall Results

Do not write your name on this survey, so that your answers remain private and confidential. Your teachers will turn in the surveys without reading them. The results of this survey will be used to improve how students get along with one another at our school. *Please answer these questions honestly.*

Total students completing the survey: <u>2339</u> (Some items have missing cases)			1. Gender?	Boys: <u>52%</u>	Girls: <u>48%</u>
2. Age?	11: <u>15%</u>	12: <u>35%</u>	13: <u>30%</u>	14: <u>18%</u>	15: <u>2%</u>
3. Grade?	6: <u>35%</u>	7: <u>34%</u>	8: <u>31%</u>		
4. Ethnicity/race?	Asian-Am <u>7%</u>	Black <u>12%</u>	White <u>67%</u>	Hispanic <u>7%</u>	Other <u>7%</u>

Definition of Bullying: Bullying is defined as the use of one's strength or popularity to injure, threaten, or embarrass another person. Bullying can be physical, verbal, or social. It is not bullying when two students of about the same strength argue or fight.	Never	Once or twice	About once per week	Several times per week
	%	%	%	%
5. By this definition, I have <i>been bullied</i> in the past month.	67.1	22.8	5.0	5.1
6. By this definition, I have <i>bullied others</i> in the past month.	75.2	20.2	2.5	2.1
Physical bullying involves repeatedly hitting, kicking, or shoving someone weaker on purpose. During the past month (30 days) at school:				
7. I have been physically bullied or threatened with physical bullying.	82.0	13.2	3.0	1.8
8. I have physically bullied or threatened to physically bully another student.	87.6	8.9	1.3	2.2
Verbal bullying involves repeatedly teasing, putting down, or insulting someone on purpose. During the past month (30 days) at school:				
9. I have been verbally bullied.	61.9	23.7	7.1	7.3
10. I have verbally bullied another student.	74.0	20.3	3.1	2.7
Social bullying involves getting others repeatedly to ignore or leave someone out on purpose. During the past month (30 days) at school:				
11. I have been socially bullied.	76.1	16.4	3.8	3.7
12. I have socially bullied another student.	83.1	13.2	1.9	1.8
Cyber bullying involves using the Internet (email, IM, etc.) to tease or put down someone. During the past month (30 days) at school or home:				
13. I have been cyber bullied.	89.8	7.0	1.5	1.7
14. I have cyber bullied another student.	92.3	5.2	0.9	1.5

15. Have you told anyone that you were bullied in the past 30 days at school? <u>70.3</u> I have not been bullied. <u>13.7</u> I have been bullied, but I have not told anyone. <u>16.0</u> I have told someone.		
16. <u>18.3</u> Yes, I have told a friend.	17. <u>9.1</u> Yes, I have told a teacher or other adult at school.	
18. <u>13.7</u> Yes, I have told a parent.		

19. Does bullying take place anywhere at school? <u>67.6%</u> Yes Check where it occurs below.		
20. <u>36.1</u> Yes, Going to/from school	21. <u>53.0</u> Yes, Hallways	22. <u>38.7</u> Yes, Classrooms
23. <u>31.2</u> Yes, Restrooms	24. <u>48.5</u> Yes, Cafeteria	25. <u>38.6</u> Yes, Gym/locker room
26. <u>45.0</u> Yes, Outside	27. <u>17.7</u> Yes, Other places	

Overall Results

	Strongly Disagree %	Disagree %	Agree %	Strongly Agree %
28. Bullying is a problem at this school.	21.6	36.9	29.5	12.0
29. If another student was bullying me, I would tell one of the teachers or staff at school.	18.0	22.9	35.2	23.9
30. It feels good when I hit someone.	55.5	21.6	11.2	11.7
31. Students here often get teased about their clothing or physical appearance.	20.4	25.2	32.9	21.5
32. Students here try to stop bullying when they see it happening.	27.1	35.3	28.0	9.6
33. If another student brought a gun to school, I would tell one of the teachers or staff at school.	12.0	6.8	15.6	65.5
34. If you fight a lot, everyone will look up to you.	57.4	27.1	8.1	7.5
35. Students here often get put down because of their race or ethnicity.	41.8	32.2	14.8	11.2
36. Teachers here make it clear to students that bullying is not tolerated.	15.3	13.4	33.9	37.5
37. If another student talked about killing someone, I would tell one of the teachers or staff at school.	11.0	13.5	23.7	51.8
38. Sometimes you only have two choices – get punched or punch the other person first.	33.4	27.6	22.2	16.9
39. I am telling the truth on this survey.	6.7	3.2	19.6	70.5
40. If I tell a teacher that someone is bullying me, the teacher will do something to help.	14.8	15.6	40.7	29.0
41. There are adults at this school I could go to if I had a personal problem.	14.6	14.2	35.6	35.6
42. If you are afraid to fight, you won't have many friends.	53.8	29.9	9.2	7.2
43. Students tell teachers when other students are being bullied.	23.0	37.8	29.3	9.8
44. The teachers at this school are genuinely concerned about me.	21.0	20.0	37.3	21.8
45. I am not paying attention to how I answer this survey.	71.3	17.4	4.6	6.7
46. If someone threatens you, it is okay to hit that person.	39.7	35.0	14.3	11.0
47. There is a lot of teasing about sexual topics at this school.	23.3	26.3	28.4	22.0
48. Students who are bullied or teased mostly deserve it.	53.5	32.6	7.4	6.5
49. Bullying is sometimes fun to do.	58.3	24.8	10.8	6.1
50. Students in this school belong to groups that don't get along with one another.	28.9	34.0	23.6	13.5

Results by Grade and Gender

Definition of Bullying: Bullying is defined as the use of one's strength or popularity to injure, threaten, or embarrass another person. Bullying can be physical, verbal, or social. It is **not bullying** when two students of about the same strength argue or fight.

Total students broken down by gender and grade: Girls: 6th (368); 7th (382); 8th (330) and Boys: 6th (426); 7th (387); 8th (377)

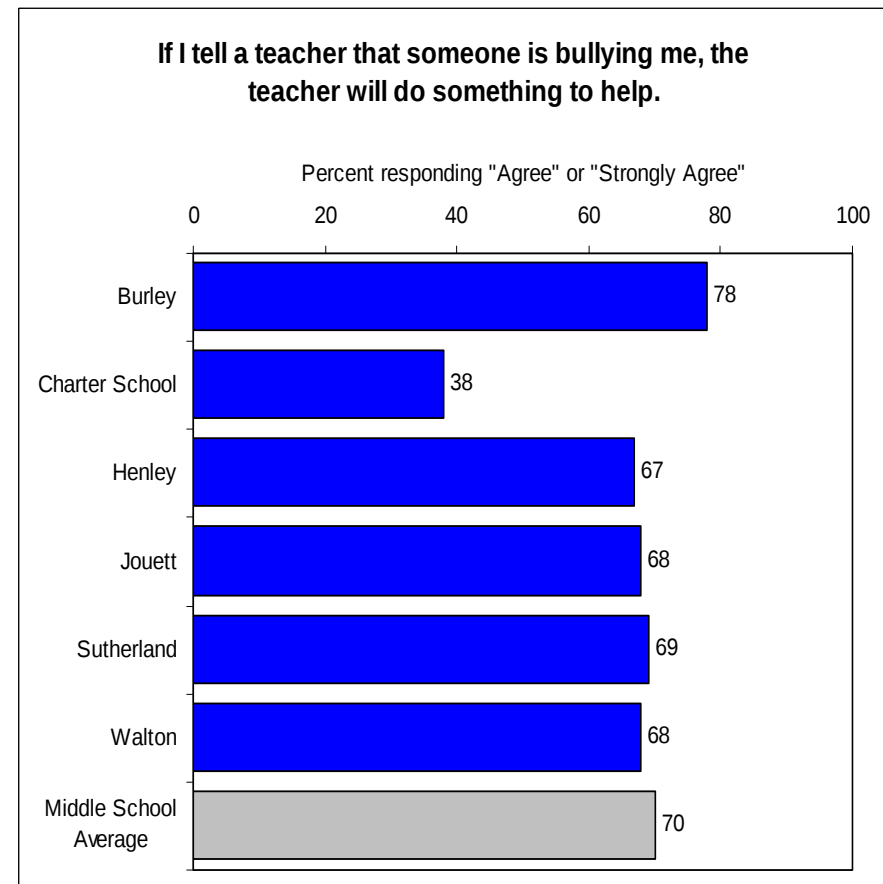
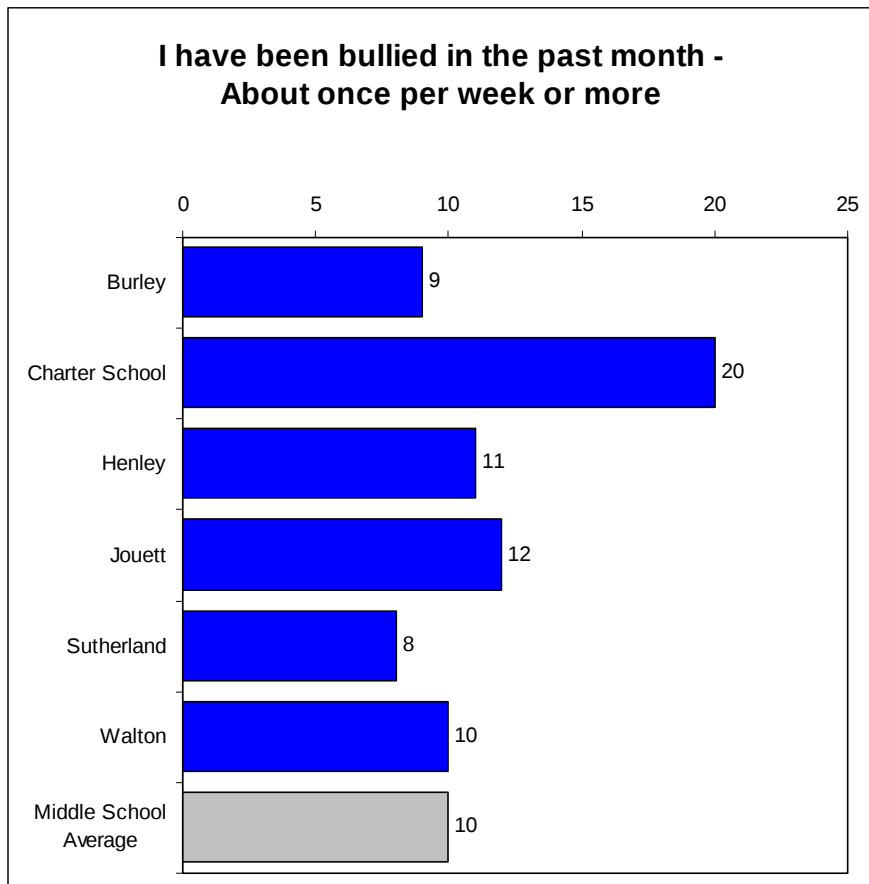
6 th Grade:  7 th Grade:  8 th Grade: 	GRADE	Never %		Once or twice %		About once a week %		Several times a week %	
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
By this definition, I have been <i>bullied</i> in the past month.	6	60.4	65.2	27.3	20.3	6.8	6.1	5.5	8.3
	7	63.3	67.4	28.2	22.5	4.5	5.0	4.0	5.2
	8	70.1	77.1	23.8	15.2	3.0	4.0	3.0	3.7
By this definition, I have <i>bullied others</i> in the past month.	6	79.6	70.8	16.6	23.8	0.8	3.8	3.0	1.7
	7	75.3	72.8	20.3	23.0	3.2	2.1	1.3	2.1
	8	77.8	76.8	19.1	18.1	1.5	2.7	1.5	2.4
Physical bullying involves repeatedly hitting, kicking, or shoving someone weaker on purpose. <i>During the past month (30 days) at school:</i>		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
I have been <i>physically bullied</i> or have been threatened with <i>physical bullying</i> .	6	84.0	76.5	12.8	16.9	1.9	3.8	1.4	2.8
	7	83.7	78.2	12.1	15.1	3.1	3.9	1.0	2.9
	8	89.1	83.1	7.6	13.4	2.7	2.1	0.6	1.3
I have physically bullied or threatened to physically bully another student.	6	92.4	85.6	5.4	11.1	0.5	0.9	1.6	2.4
	7	87.3	86.2	10.6	8.8	0.8	2.3	1.3	2.6
	8	91.2	85.3	6.7	9.1	0.9	2.4	1.2	3.2
Verbal bullying involves repeatedly teasing, putting down, or insulting someone on purpose. <i>During the past month (30 days) at school:</i>		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
I have been <i>verbally bullied</i> .	6	54.2	60.8	30.2	20.5	8.2	9.4	7.4	9.2
	7	58.0	64.0	27.7	19.9	6.9	7.0	7.4	9.1
	8	64.9	71.1	26.2	16.6	5.2	6.1	3.7	6.1
I have verbally bullied another student.	6	78.5	72.6	17.7	21.2	1.6	2.8	2.2	3.3
	7	72.0	71.8	23.2	21.5	3.4	3.6	1.3	3.1
	8	77.9	72.4	17.3	20.9	2.7	3.8	2.1	2.9
Social bullying involves getting others repeatedly to ignore or exclude someone on purpose. <i>During the past month (30 days) at school:</i>		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
I have been <i>socially bullied</i> .	6	70.6	76.0	21.3	15.8	4.4	4.7	3.8	3.5
	7	71.0	79.2	21.1	12.5	3.7	4.7	4.2	3.6
	8	76.7	83.0	17.0	11.2	2.4	3.5	3.9	2.4
I have socially bullied another student.	6	84.2	82.1	13.1	14.1	1.1	1.6	1.6	2.1
	7	80.2	84.4	17.4	11.2	1.6	1.8	0.8	2.6
	8	83.3	85.1	13.9	9.6	1.8	2.9	0.9	2.4
Cyber bullying involves using the Internet (email, IM, etc.) to tease or put down someone. <i>During the past month (30 days) at school:</i>		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
I have been <i>cyber bullied</i> .	6	89.1	93.6	8.4	3.1	0.8	1.7	1.6	1.7
	7	85.3	93.0	10.8	3.9	1.8	0.8	2.1	2.3
	8	86.7	92.5	10.0	5.3	1.8	1.6	1.5	0.5
I have cyber bullied another student.	6	93.7	93.9	4.1	4.2	0.8	0.9	1.4	0.9
	7	90.3	92.2	7.6	5.2	0.8	0.8	1.3	1.8
	8	93.0	92.3	5.2	4.3	1.2	0.8	0.6	2.7

	GRADE	Strongly Disagree %		Disagree %		Agree %		Strongly Agree %	
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
28. Bullying is a problem at this school.	6	11.7	18.8	39.1	31.4	38.0	30.4	11.1	19.3
	7	17.4	26.2	36.6	39.2	35.6	24.6	10.4	10.0
	8	20.1	34.0	42.4	35.3	27.4	21.6	10.1	9.0
29. If another student was bullying me, I would tell one of the teachers or staff at school.	6	11.3	18.5	15.6	21.7	41.6	33.2	31.4	26.6
	7	11.3	19.7	27.6	23.8	36.5	33.5	24.7	23.0
	8	15.7	31.0	27.2	22.7	39.5	29.0	17.6	17.3
30. It feels good when I hit someone.	6	73.1	55.9	15.3	22.5	4.8	10.4	6.8	11.1
	7	63.8	43.7	22.0	23.3	9.4	16.1	4.8	16.9
	8	57.7	41.3	25.8	20.8	7.7	18.6	8.9	19.4
31. Students here often get teased about their clothing or physical appearance.	6	15.1	24.7	24.2	27.1	37.0	27.4	23.6	20.8
	7	12.6	26.8	23.4	25.4	37.9	25.9	26.1	21.9
	8	12.9	25.7	23.6	26.8	41.4	31.2	22.1	16.3
32. Students here try to stop bullying when they see it happening.	6	17.7	31.1	37.7	28.7	35.1	29.7	9.4	10.5
	7	20.3	31.5	38.7	34.8	32.8	21.2	8.3	12.5
	8	25.5	34.0	42.9	32.9	26.1	23.2	5.5	10.0
33. If another student brought a gun to school, I would tell one of the teachers or staff at school.	6	5.7	13.5	3.4	6.7	11.2	8.6	79.7	71.2
	7	7.3	13.4	8.4	6.5	16.2	17.4	68.2	62.7
	8	8.0	21.8	8.0	7.9	22.5	17.7	61.5	52.6
34. If you fight a lot, everyone will look up to you.	6	70.8	57.5	19.5	25.5	3.7	9.2	6.0	7.8
	7	65.1	46.4	23.1	32.9	6.2	9.7	5.6	11.1
	8	59.5	46.3	28.5	34.4	7.1	10.8	4.9	8.4
35. Students here often get put down because of their race or ethnicity.	6	43.0	48.9	35.6	24.9	14.0	13.7	7.4	12.5
	7	33.3	42.4	38.9	31.0	17.9	13.9	9.9	12.8
	8	34.4	46.1	39.0	26.6	15.3	14.1	11.3	13.3
36. Teachers here make it clear to students that bullying is not tolerated.	6	8.3	14.8	9.5	8.8	32.2	28.6	50.0	47.9
	7	11.3	18.2	12.4	13.9	38.3	30.3	38.0	37.5
	8	13.8	23.5	19.0	17.5	38.3	36.3	28.8	22.7
37. If another student talked about killing someone, I would tell one of the teachers or staff at school.	6	5.1	12.3	6.3	14.3	19.4	18.0	69.1	55.3
	7	7.8	9.7	13.7	16.7	23.7	25.6	54.7	48.0
	8	8.3	21.4	16.0	13.7	29.8	25.2	46.0	39.7
38. Sometimes you only have two choices – get punched or punch the other person first.	6	44.0	31.9	33.0	25.2	14.5	22.0	8.5	20.8
	7	42.1	26.0	29.0	23.0	20.6	26.6	8.3	24.4
	8	31.5	25.4	34.3	23.0	23.1	25.7	11.1	26.0
39. I am telling the truth on this survey.	6	4.3	8.0	2.0	3.2	14.0	18.2	79.7	70.6
	7	3.0	7.1	3.0	3.0	18.5	19.8	75.5	70.1
	8	4.0	12.6	1.9	4.4	26.2	21.4	67.9	61.5
40. If I tell a teacher that someone is bullying me, the teacher will do something to help.	6	9.4	13.2	12.8	12.4	36.5	37.0	41.3	37.5
	7	9.7	19.2	16.9	14.3	46.5	39.5	26.9	27.0
	8	12.9	23.5	20.6	18.1	48.0	37.0	18.5	21.4
41. There are adults at this school I could turn to if I had a personal problem.	6	9.5	13.8	9.5	10.3	35.9	31.0	45.1	44.8
	7	9.5	17.3	16.3	15.1	39.1	33.2	35.1	34.3
	8	13.5	22.8	19.3	15.5	41.4	34.0	25.8	27.7
42. If you are afraid to fight, you won't have many friends.	6	66.4	57.5	23.0	25.3	3.2	10.3	7.5	6.9
	7	60.9	41.0	27.4	36.1	7.6	12.5	4.1	10.3
	8	55.7	41.2	32.6	36.0	7.1	13.0	4.6	9.8
43. Students tell teachers when other students are being bullied.	6	14.2	22.7	32.7	31.4	42.5	34.4	10.7	11.5
	7	18.1	27.7	44.3	34.5	28.4	27.4	9.2	10.3
	8	22.4	31.7	47.2	39.0	23.0	21.4	7.4	7.9
44. The teachers at this school are genuinely concerned about me.	6	12.7	18.1	15.9	19.4	42.9	38.7	28.5	23.8
	7	17.3	24.7	20.6	19.3	39.6	32.9	22.5	23.1
	8	18.8	31.8	24.7	21.6	37.3	33.2	19.1	13.5

	GRADE	Strongly Disagree %		Disagree %		Agree %		Strongly Agree %	
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
45. I am not paying attention to how I answer this survey.	6	81.0	70.0	12.6	16.3	2.3	7.1	4.0	6.7
	7	76.7	67.1	14.4	18.2	4.1	4.9	4.9	9.8
	8	66.9	66.5	24.8	19.2	4.0	4.3	4.3	10.0
46. If someone threatens you, it is okay to hit that person.	6	60.2	41.0	26.4	35.1	6.3	10.9	7.2	13.1
	7	45.8	27.7	35.8	37.5	13.2	19.2	5.1	15.6
	8	35.4	28.4	40.0	35.4	15.7	20.5	8.9	15.7
47. There is a lot of teasing about sexual topics at this school.	6	27.8	28.3	31.6	26.6	22.0	25.3	18.6	19.9
	7	17.5	22.0	25.6	24.0	33.2	29.8	23.7	24.2
	8	17.3	24.5	26.5	23.4	32.1	29.3	24.1	22.8
48. Students who are bullied or teased mostly deserve it.	6	66.0	58.9	26.5	27.8	2.6	5.9	4.9	7.4
	7	59.0	46.0	32.1	36.4	6.5	8.5	2.4	9.0
	8	46.8	42.4	39.1	36.7	9.5	10.9	4.6	10.1
49. Bullying is sometimes fun to do.	6	71.8	60.0	17.2	24.4	5.5	11.1	5.5	4.4
	7	66.4	50.1	20.6	28.8	10.6	12.3	2.4	8.8
	8	53.7	48.5	30.6	28.2	11.1	13.1	4.6	10.2
50. Students in this school belong to groups that don't get along with one another.	6	31.8	35.4	31.8	30.2	24.0	22.4	12.4	12.0
	7	24.7	29.2	36.6	38.0	28.2	18.0	10.6	14.8
	8	19.7	28.6	36.3	32.2	28.3	22.2	15.7	17.0

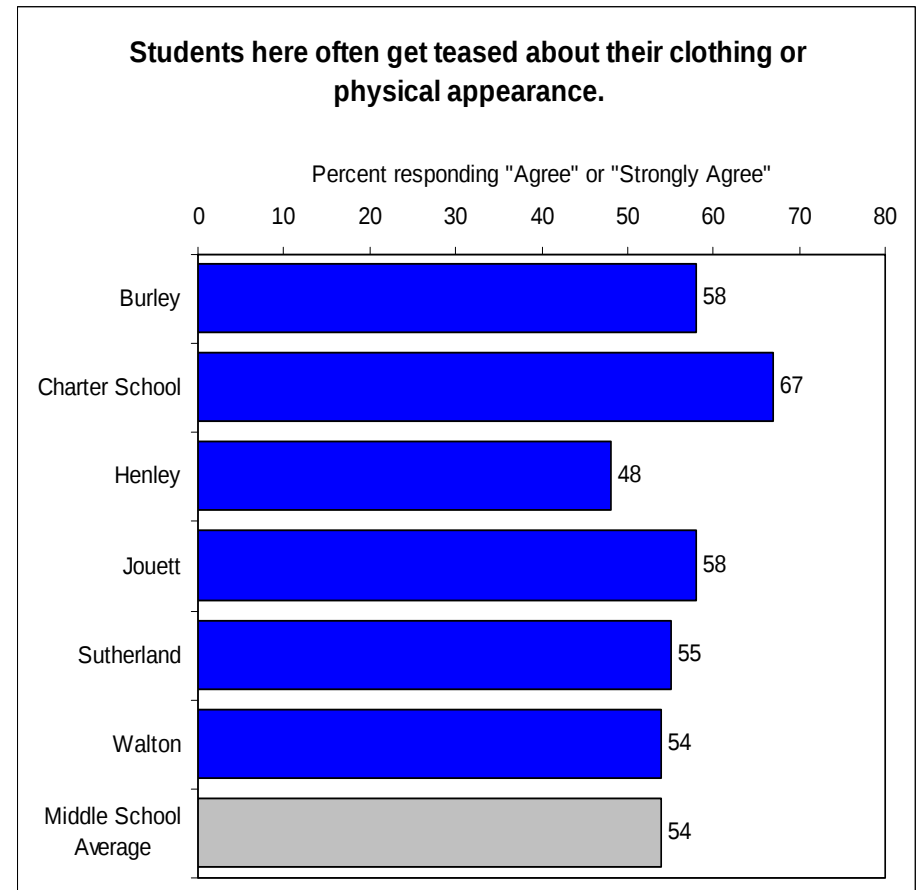
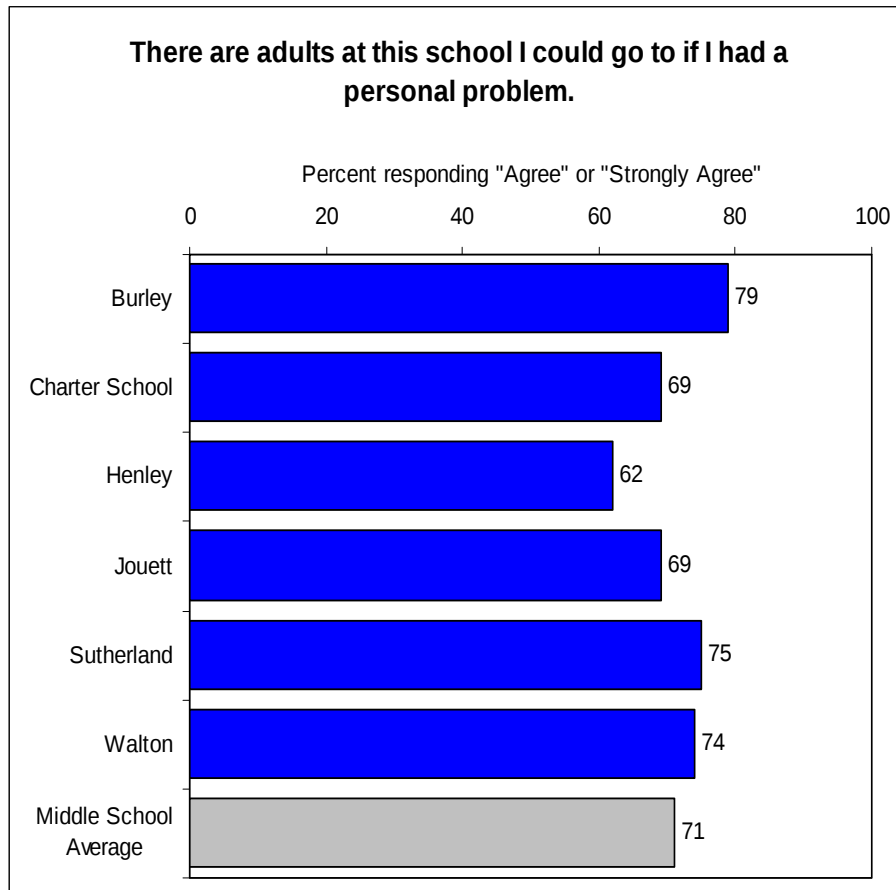
Individual School Comparisons

The average score for each school is compared to the county averages on the following charts. It is important to note that the percentages reported for the Charter School are based on far fewer students compared to the other middle schools.



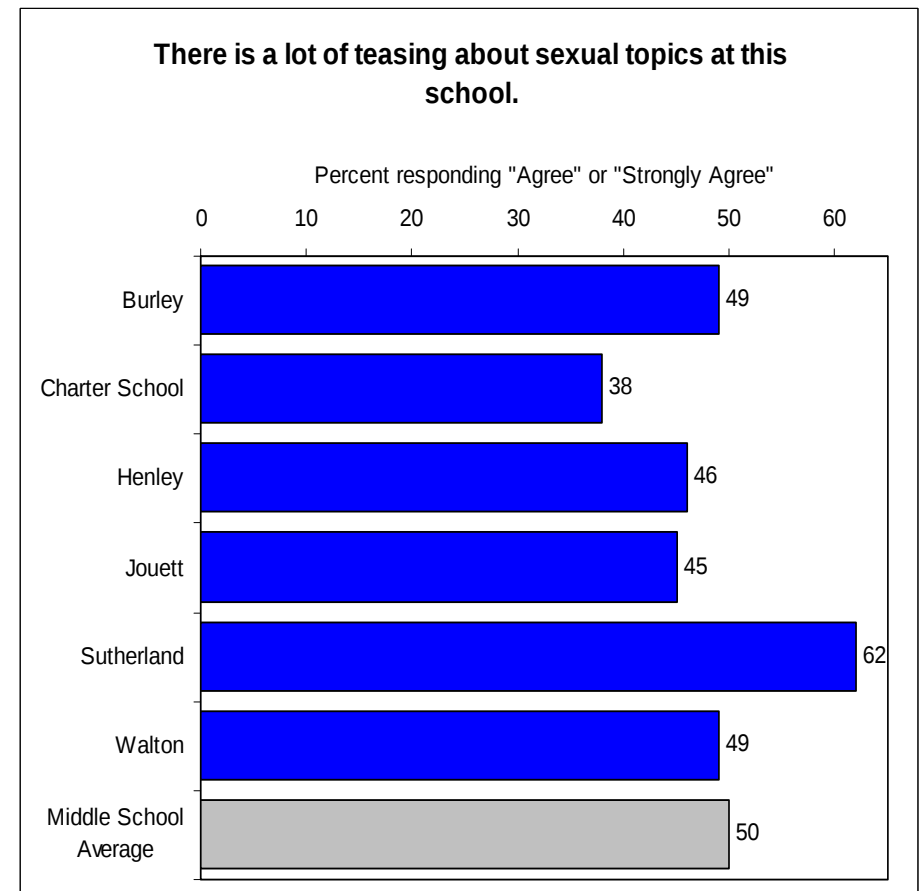
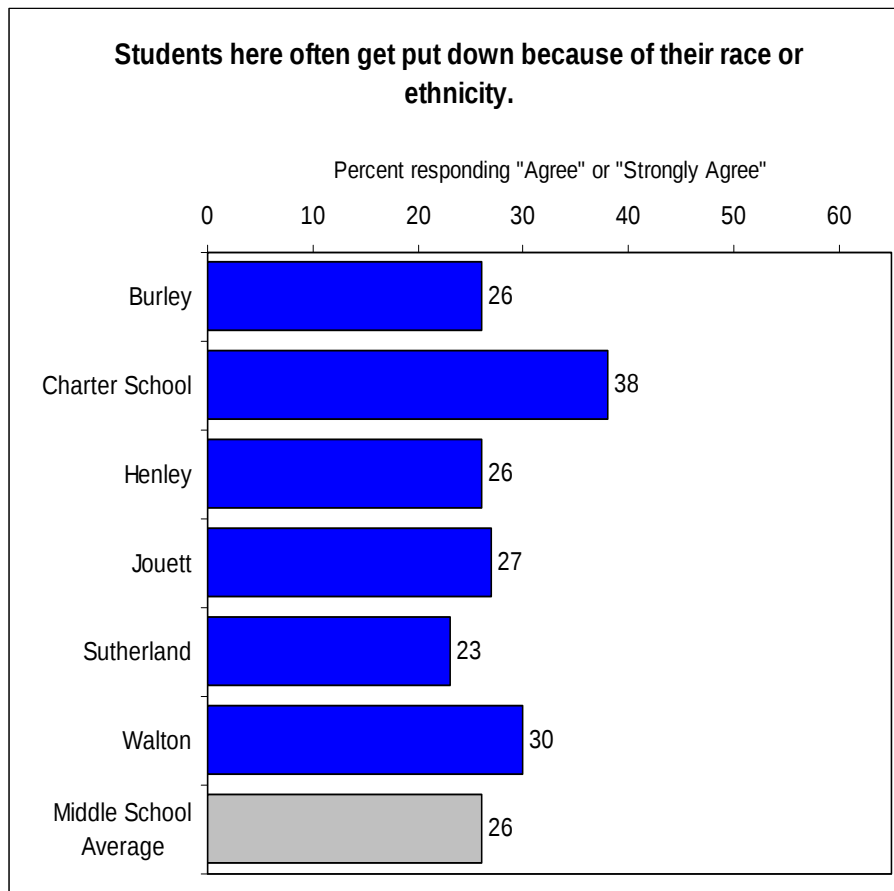
Individual School Comparisons

Student trust in adults is lowest at Henley (62%) and highest at Burley (79%) and Sutherland (75%). Student reports of teasing about clothing or physical appearance are lowest at Henley (48%) and Walton (54%), and highest at the Charter School (67%), Burley (58%) and Jouett (58%).



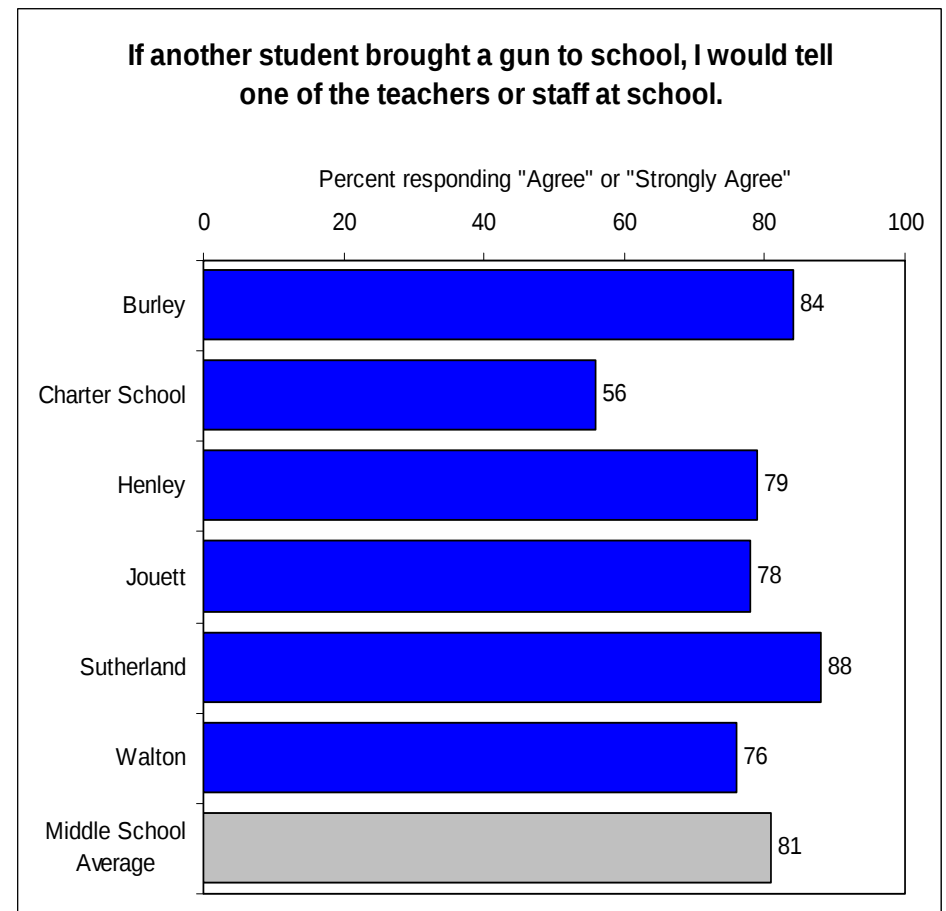
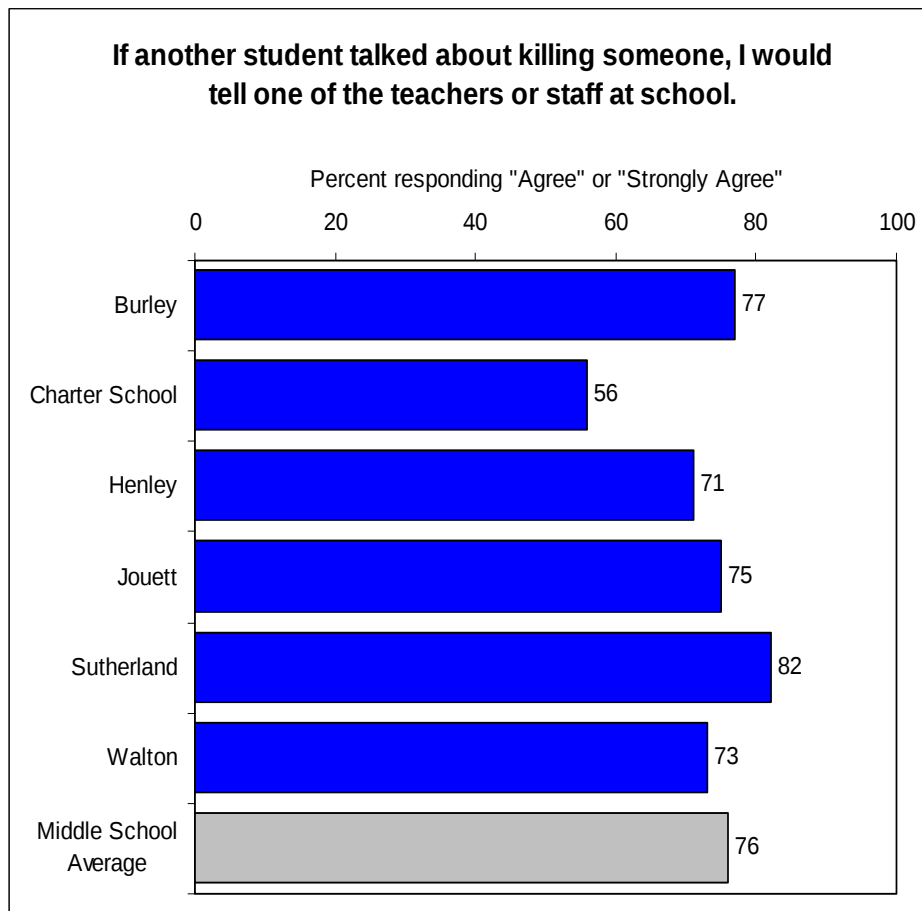
Individual School Comparisons

Student reports that students are put down for their race or ethnicity are highest at the Charter School (38%) and Walton (30%), and lowest at Sutherland (22%). Student reports that students are teased about sexual topics are highest at Sutherland (62%) and lowest at the Charter School. There are many reasons why schools might differ in levels of bullying and teasing, including differences in the demographic composition of the student body, the school climate, and the effectiveness of bullying prevention efforts. However, there is only a small race difference in reports of put downs about race, with 56% of Black students and 54% of White students reporting this problem.



Individual School Comparisons

Student reports that they would tell an adult if another student talked about killing someone are highest at Sutherland and lowest at the Charter School. Student reports that they would tell an adult if another student brought a gun to school are highest at Sutherland, and lowest at the Charter School. Teachers should discuss the difference between snitching and seeking help so that all students understand the importance of preventing a violent act. Students should be reminded that threats are taken seriously and that weapons should be reported.



Teacher Survey Regarding Bullying Prevention Activity

This is a summary of results from the Bullying Prevention Activity Survey completed by 105 teachers in grades 6-8 in 5 middle schools in Albemarle County (Burley, Henley, Jouett, Sutherland, and Walton).

The purpose of the survey is to measure how extensively the school staff is engaged in bullying prevention activities. Countywide percentages are presented in the table below, based on the 105 complete surveys.

As shown in the table below:

- Only 24% of middle school teachers reported that they have substantial or extensive training in the Olweus Program. Half (50%) report some training, but 26% reported no training.
- The vast majority (92%) of teachers have taken action to address bullying or teasing, with about half (48%) reporting 3 or more incidents.
- A majority of teachers (80%) have held class meetings about bullying and 56% have incorporated anti-bullying themes into a classroom lesson or project.
- About three-fourths of teachers reported making a substantial or strong effort to reduce bullying (78%) and feel that their school as a whole is working to reduce bullying and improve peer relations among students (77%).

		None	Some training	Substantial training	Extensive training
1	I have been trained in the Olweus Bullying Prevention Program.	27 (26%)	51 (50%)	19 (18%)	6 (6%)
In the past 30 days:		None	1-2x	3-4x	5+
2	I have held class meetings to discuss classroom rules about bullying and positive peer behavior.	21 (20%)	48 (46%)	25 (24%)	11 (11%)
3	I have incorporated anti-bullying themes into a classroom lesson or project.	46 (44%)	39 (37%)	17 (16%)	3 (3%)
4	I have taken action to address an incident of bullying or teasing.	8 (8%)	46 (44%)	28 (27%)	23 (22%)
		Little or no effort	Some effort	Substantial effort	Strong effort
5	I am making a consistent effort to reduce bullying and improve peer relations in my class.	1 (1%)	22 (21%)	46 (44%)	36 (34%)
6	As a whole, the staff of this school is consistently working to reduce bullying and improve peer relations among students.	0 (0%)	24 (23%)	54 (51%)	27 (26%)

The table below shows teacher responses by grade level. However, because 9 teachers reported working with more than one grade, those teachers are counted more than once.

Countywide Middle School - Breakdown by grade level

		Grade	None	Some training	Substantial training	Extensive training
1	I have been trained in the Olweus Bullying Prevention Program.	6	9	15	11	3
		7	11	20	7	4
		8	7	20	7	2
In the past 30 days:						
		Grade	None	1-2x	3-4x	5+
2	I have held class meetings to discuss classroom rules about bullying and positive peer behavior.	6	8	18	8	5
		7	7	22	10	4
		8	12	13	8	4
3	I have incorporated anti-bullying themes into a classroom lesson or project.	6	18	14	6	1
		7	17	13	11	2
		8	20	13	4	0
4	I have taken action to address an incident of bullying or teasing.	6	4	16	10	9
		7	2	16	15	10
		8	6	19	7	5
		Grade	Little or no effort	Some effort	Substantial effort	Strong effort
5	I am making a consistent effort to reduce bullying and improve peer relations in my class.	6	1	5	13	20
		7	0	12	17	14
		8	0	9	18	10
6	As a whole, the staff of this school is consistently working to reduce bullying and improve peer relations among students.	6	0	7	21	11
		7	0	9	21	13
		8	0	11	21	5

Conclusions: These survey results must be qualified because they are based on just 105 of the county's middle school teachers. Among those who completed the survey, most reported some training but not substantial training in bullying prevention, although almost all teachers have had to deal with bullying and have held class meetings about it. The majority of teachers report making a substantial or strong effort to reduce bullying compared to those who report only some effort. There may be some difference of opinion about how important it is to address the problem of bullying, and some teachers may not feel prepared to do so.

Teachers should hold regular class meetings to review classroom rules about bullying, but also use the opportunity to discuss and encourage positive peer interactions. Teachers also might consider ways to incorporate positive behavior themes into lessons. When bullying has been identified, it is important to follow-up with the students to make sure the bullying has subsided.